

De Bohun Primary School & Children's
Centre



Anti – Bullying Guidance

Written by: Senior Leadership Team (March 2017)

Statement of Intent

“We are committed to providing a happy, caring, friendly and welcoming environment for all of our pupils so they can learn in a secure and safe atmosphere. Bullying of any kind is unacceptable at our school. If bullying does occur, all pupils should be able to tell someone and know that incidents will be dealt with promptly and effectively. Anyone who knows that bullying is happening is expected to tell the staff.”

What is Bullying?

At De Bohun we have an agreed understanding of what bullying is. We recognise that bullying is the deliberate/premeditated targeting of an individual using physical or mental abuse to cause harm and/or intimidation and distress over a period of time. Bullying can take many forms.

The main forms are:

- Emotional - excluding, tormenting (e.g. threatening gestures)
- Physical - pushing, kicking, hitting, punching or any use of violence
- Racist - racial taunts, graffiti, gestures
- Verbal name - calling, sarcasm, spreading rumours, teasing
- Cyber - all areas of internet such as: email & internet chat room misuse, mobile threats by text messaging & calls, misuse of associated technology, i.e. camera & video facilities

Why is it Important to Respond to Bullying?

Everybody has the right to be treated with respect and no one deserves to be a victim of bullying. Pupils who are bullying need to learn different ways of behaving. Our school has a responsibility to respond promptly and effectively to issues of bullying.

Signs and Symptoms

A child may indicate by signs or behaviour that he or she is being bullied. Adults should be aware of these possible signs and that they should investigate if a child:

- is frightened of walking to or from school
- begs to be driven to school
- changes their usual routine

- is unwilling to go to school (school phobic)
- begins to truant
- becomes withdrawn anxious, or lacking in confidence
- starts stammering
- attempts or threatens suicide or runs away
- cries themselves to sleep at night or has nightmares
- feels ill in the morning
- begins to do poorly in school work
- comes home with clothes torn or books damaged
- has possessions which are damaged or " go missing"
- asks for money or starts stealing money (to pay bully)
- has unexplained cuts or bruises
- comes home starving (money / lunch has been stolen)
- becomes aggressive, disruptive or unreasonable
- is bullying other children or siblings
- stops eating
- is frightened to say what's wrong
- gives improbable excuses for any of the above
- is afraid to use the internet or mobile phone
- is nervous & jumpy when a cyber message is received

These signs and behaviours could indicate other problems, but bullying should be considered a possibility and should be investigated.

Bullying off the School Premises

While the school will make every effort to deal with bullying on the school premises and to prevent bullying outside the school gates, we recognise that we cannot be held directly responsible for bullying that takes place off site, by pupils in this school, or by pupils of other schools or on pupils' journey to school. At De Bohun we encourage pupils to tell us about incidents that happen inside and outside school so that we can:

- raise concerns and take steps as appropriate e.g. contact police to alert them to trouble spots, gangs etc;
- alert colleagues in another school whose pupils are bullying off premises;
- map safe routes to school in the event of a pupil being bullied on their journey to school;
- offer pupils strategies to handle bullying off the school premises

De Bohun's Anti-Bullying Strategy**Child's Voice****Child's name:****Class:**

Thank – you for sharing your worry with us. We need to know how you feel every day and also find out what is happening, so we can help you.

Date	Score <i>(1 = an absolutely awful day and 10 = a fantastic day)</i>	Why did you write that score? What happened today?

Is there anything else you would like to tell us?

De Bohun's Anti-Bullying Strategy

Leader's Record

Child's name: _____

Class: _____

Stage	Action complete? Please include times and dates
Staff member dealing with the case informs SLT	
Child's Voice The child completes a week long monitoring and investigation programme (<i>appendix a</i>). This scales the child's day and further incidents are identified to form a picture of the alleged bullying from the child's point of view.	
SLT meet and decide if there is a case of bullying.	
No - The individual incidents are dealt with as per our Behaviour Policy.	Consequences: <i>Is the matter now closed? Yes/No</i> <i>Have the parents of the victim been contacted? Yes/No</i> <i>Any further information:</i>
Yes - All children involved in the bullying incident are interviewed.	
Yes - SLT meet to decide on the appropriate consequence.	Consequences:
Yes- Have the consequences been enforced?	
Yes- Have the parents been contacted on both sides?	
Yes- Is the matter now closed?	

What paperwork is attached to this record?

Signed: _____

Date: _____