## De Bohun's Anti Bullying Campaign



Advice for Parents

# De Bohun School works to minimise bullying and to deal effectively and efficiently with allegations.

#### What is bullying?

Bullying is actions that are meant to be hurtful and which happen on a regular basis. Bullying can be direct (physical or verbal) or indirect (eg being ignored or not spoken to). There can be specific types of bullying, including homophobic bullying. All are treated extremely seriously at De Bohun Primary School.

Bullying can mean many different things and young people have described bullying as:

- being called names
- being put down or humiliated
- being teased
- being pushed or pulled about
- having money and other possessions taken or messed about with
- having rumours spread about you
- being ignored and left out
- being hit, kicked or physically hurt
- being threatened or intimidated

These things can happen at school or at home, but they can also happen online or on social networks (cyber bullying).

#### How does the school address bullying?

- Class discussions
- Assemblies
- Visits from outside agencies
- Circle Time
- Reflection Time
- By providing resources that deal with bullying issues e.g. fiction and nonfiction books
- By treating all allegations seriously in accordance with our school behaviour policy and local authority guidelines
- By working in partnership with parents and pupils to try to find solutions.

### What should I do if my child is being bullied?

- Please discuss the pupil advice leaflet about bullying with your child. This leaflet offers suggestions to support your child if they feel they are being bullied.
- Please speak to your child's teacher or a member of the Senior Leadership team outlining your concerns.
- All allegations of bullying are taken seriously and dealt with immediately.

### **Useful contacts:**

Childline: 0800 1111 (free) www.childline.org.uk

Bullying UK 0808 800 2222 www.bullying.co.uk

Kidscape 0207 7 30 3300 www.kidscape.org.uk



