



Being a Parent Course

Empowering Parents, Empowering Communities (EPEC)

Coffee Morning Information

Being a Parent is a **9-week parent led** course that will help you learn practical communication skills for everyday life to bring up confident, happy and co-operative children.

If you have a child aged **2-4 years** and want to gain confidence in your parenting and join a group of like-minded parents, please come along to one of our coffee mornings/afternoons to find out more.

Venues and dates

De Bohun Children's Centre, Green Road, Southgate, N14 4AD

Date: Wednesday 24th April 9.30-11.30am (Crèche available)

Eldon Children's Centre, St Peters Road, Edmonton, N9 8JP

Date: Wednesday 24th April 9.30-11.30am (Crèche available)

Galliard Children's Centre, Galliard Road, Edmonton, N9 7PE

Date: Wednesday 1st May 12.30-2.30pm (No crèche available)

Crèche spaces will be subject to availability

For more information or to book a place on the course please contact the Children's Centre on 02084417728 option 4 or email Megan Leese- m.leese@debohun.enfield.sch.uk



South London and Maudsley 
NHS Foundation Trust