

To book sessions and for further details contact us on 0208 441 7728 (Option 4)

# Enfield Children's Centre

23rd April to 19th July 2019

	Mon AM	Mon PM	Tue AM	Tue PM	Wed AM	Wed PM	Thu AM	Thu PM	Fri AM			
De Bohun Green Road Southgate N14 4AD	9.30 - 11.00 Talk Activity Invitation Only	1.00-2.30 Stay & Play Baby Group (0-1 years)	9.30-11.00 Stay & Play (1-4 years)	12.30 - 1.30 First Time Parent Programme Call to book	9.30-11.30 "Being A Parent Parenting Course" Call to book	12.00-3.30 EPIP By appointment	9.30 - 11.30 Speech & Language Appointment Only 2 year old Reviews	2 year old Reviews	9.00 - 1.00 Citizens Advice Bureau Call to book			
Eldon St Peter's Rd Edmonton N9 8JP	9.15-11.15 ESOL 2 Year Old Reviews Invitation only Antenatal checks	1.00-3.00 HV Baby Clinic Drop-in 1.00-3.00 Stay & Play Baby Group	9.30-11.00 Stay & Play (1-4 years) 9.30- 11.30 Speech & Language Appointment Only Citizens Advice	1.30 - 3.00 Talk Activity Invitation Only Citizens Advice Bureau	9.30 - 11.30 "Being A Parent" Parenting Course Call to book EPIP By Appointment Antenatal checks	Antenatal Checks 1.30 - 3.00 Stay & Play (1-4 years)	2 Year Old Reviews CAMHS By Appointment 9.30-11.30 INCREDIBLE YEARS Parenting Program Invitation only	2 Year Old Rev. 12.30 - 1.30 First Time Parent Programme Call to book 2.00 - 3.30 Stay & Play Baby Group	9.30-11.00 Stay & Play (1-4 years) Breastfeeding Support Drop In Antenatal checks			
Carterhatch Autumn Close Enfield EN1 4JY	10.00-11.30 Stay & Play Baby Group (0-1 years) 2 Yr Old Reviews Invitation only	1.00- 2.30 Stay & Play (1-4 years) 1.00- 3.00 Speech & Language Appointment Only 1.00 - 2.30 Breastfeeding Support	9.15-10.45 Stay & Play (1-4 years) Antenatal checks EPIP By Appointment	2 Year Reviews Invitation only Antenatal checks 1.00 - 2.00 First Time Parent Programme	9.30 - 2.00 Citizens Advice Bureau Call to book Antenatal checks	Antenatal Checks 12.30 - 2.30 EPIP By Appointment	9.15-10.45 Stay & Play (1-4 years) 2 Yr Reviews Invitation only Antenatal checks By Appointment	1.30-3.00 Talk Activity Invitation Only 2 Yr Old Reviews Invitation only Antenatal checks	9.30-11.20 HV Baby Clinic Drop-in Stay & Play Baby Group (0-1 Years) Antenatal checks By Appointment			
Hazelwood Hazelwood Lane N13 5HE		Perinatal Mental health Service By Appointment	EPIP By Appointment		2 Year Old Reviews By Appointment	1.30 - 3.00 Speech & Language By Appointment		1.00-3.30 HV Baby Clinic Drop - in				
Raynham Woolmer Way N18	ALL Stay and Plays at all venues are Drop-ins, For ALL Citizens Advice Bureau call the centre to book HV Baby clinics and 2 year reviews are run by the Health Visiting Service			1.30 - 3.00 Stay & Play (1-4 years)			Citizens Advice 9.30 - 11.00 Talk Activity Invitation Only	1.30 - 3.20 HV Baby Clinic Drop - in Stay & Play Baby Group	Antenatal checks 9.30 - 11.00 Stay & Play (1-4 Years)			
Galliard Galliard Rd N9 7PE			9.30 - 11.30 HV Baby Clinic Drop-in Stay & Play Baby Group (0-1)	2 Year Reviews Invitation only		12.30-2.30 "Being A Parent" Parenting Course Call to book	Antenatal checks By Appointment 9.30-11.00	EPIP/ By Appointment				
Honilands The Acorns, Kempe Road, EN1 4QT <u>Term time only</u>	9.00 - 1.00 Citizens Advice Bureau 9.30-11.00 Stay & Play (1-4 years)	1.30 - 3.30 HV Baby Clinic Drop - in Stay & Play Baby Group (0-1 years)	<div style="border: 2px solid black; padding: 5px;"> <p style="text-align: center;"><b>Stay &amp; Play at Garfield on Fridays (0-4 years) Springfield Rd, N11 1BH 9.00-10.30 Term time only</b></p> <p style="text-align: center;"><b>Stay &amp; Play at Wilbury on Wednesdays (0-4 years) Wilbury Way, London N18 1DE 9.00-10.30</b></p> </div>					2 Year Old Reviews Invitation only	2 Year Old Reviews Invitation only			
Ponders End Wesley Hall 378 High St						9.30 - 11.20 HV Baby Clinic Drop - in Stay & Play Baby Group						
Ponders End Youth Centre 129-139 South Street Ponders End EN3 4PX											HV Antenatal Classes By Appointment	

# Description of Sessions

<p><b><u>Baby Group - Drop In</u></b> 0-1 year olds</p> <p><b><u>Stay and Play</u></b> session for parents and babies who are not yet walking to share experiences, meet new friends and gain information.</p>	<p><b><u>Stay and Play - Drop In</u></b> 1- 4 year olds and children with younger siblings</p> <p><b><u>Stay and Play</u></b> sessions that will enrich your child's knowledge and development through play, helping your children explore their creativity and language.</p>	<p><b><u>Incredible Years Invitation only</u></b></p> <p>Incredible Years is a 12 week evidence based parent programme focusing on Parent Involvement to promote Children's Academic , Social and Emotional Skills.</p>	<p><b><u>Being A Parent Call Centre to book</u></b></p> <p>An 8 week parent-led programme that helps learners to develop practical communication skills for everyday life to bring up confident, happy cooperative children. (The course is aimed at Children aged 2-5yrs)</p>
<p><b><u>Talk Activity - Invitation only</u></b></p> <p>10 week Stay &amp; Play session with a focus on language development. Developed to enhance your child's language and communication skills through play-led activities</p>	<p><b><u>2 year Development Review- By Appointment</u></b></p> <p>Early Years Practitioner led session to check your Child's Development</p>	<p><b><u>Speech &amp; Language - Drop In</u></b></p> <p>If you have worries about your child's language development, come and meet a speech therapist for advice and assessment.</p> <p><b><u>First 5 families will be seen</u></b></p>	<p><b><u>IAPT- By Appointment</u></b></p> <p>A trained team of therapists, counsellors and psychologists offering a free and confidential talking therapy service.</p>
<p><b><u>HV Baby Clinic</u></b></p> <p>Health Visitor led drop-in baby weighing clinic.</p>	<p><b><u>EPIP - By Appointment</u></b></p> <p>Service for parents-to-be and parents with babies up to 18mths. Are you finding things more difficult than you anticipated? Have you been feeling low or depressed? Are you feeling concerned that you haven't formed a bond.</p> <p><b>Contact Carol Levine 07815492535 for further information</b></p>	<p><b><u>Citizen Advice Bureau Pre-Book</u></b></p> <p>A trained adviser will be available to provide one-to-one consultations covering Welfare, Benefits and Debt advice, Housing etc.</p> <p><b>Call to book your appointment</b></p>	<p><b><u>Breast Feeding Support - Drop In</u></b></p> <p>Support and advice from our breastfeeding peer supporters.</p>

**All Sessions are FREE for families with children under 5**

**<https://new.enfield.gov.uk/if/enfield-childrens-centres/>**