

# PSHE Curriculum and Vocabulary Map



Year Group	Autumn		Spring		Summer	
<p><b>EYFS</b></p> <p>PSED</p> <p>Personal, social, emotional development</p> <p>Vocabulary progresses throughout early years. Preschool vocabulary will still be used in nursery and reception</p>	<p><b>Making Relationships</b></p> <p>Preschool</p> <p>Friend</p> <p>Family</p> <p>Mum</p> <p>Dad</p> <p><b>Nursery</b></p> <p>Listening</p> <p>Talking</p> <p>Kindness</p> <p>Brother</p> <p>Sister</p> <p><b>Reception</b></p> <p>Uncle</p> <p>Aunty</p> <p>Cousin</p> <p>Love</p> <p>Speaking</p> <p><b>Self Confidence and Self Awareness</b></p> <p>Preschool</p> <p>Happy</p> <p>Brave</p> <p>Strong</p> <p><b>Nursery</b></p> <p>Proud</p> <p>Special</p> <p><b>Reception</b></p> <p>Confident</p> <p>Aware</p>	<p><b>Making Relationships</b></p> <p>Preschool</p> <p>Friend</p> <p>Family</p> <p>Mum</p> <p>Dad</p> <p><b>Nursery</b></p> <p>Listening</p> <p>Talking</p> <p>Kindness</p> <p>Brother</p> <p>Sister</p> <p><b>Reception</b></p> <p>Uncle</p> <p>Aunty</p> <p>Cousin</p> <p>Love</p> <p>Speaking</p> <p><b>Self Confidence and Self Awareness</b></p> <p>Preschool</p> <p>Happy</p> <p>Brave</p> <p>Strong</p> <p><b>Nursery</b></p> <p>Proud</p> <p>Special</p> <p><b>Reception</b></p> <p>Confident</p> <p>Aware</p>	<p><b>Making Relationships</b></p> <p>Preschool</p> <p>Friend</p> <p>Family</p> <p>Mum</p> <p>Dad</p> <p><b>Nursery</b></p> <p>Listening</p> <p>Talking</p> <p>Kindness</p> <p>Brother</p> <p>Sister</p> <p><b>Reception</b></p> <p>Uncle</p> <p>Aunty</p> <p>Cousin</p> <p>Love</p> <p>Speaking</p> <p><b>Self Confidence and Self Awareness</b></p> <p>Preschool</p> <p>Happy</p> <p>Brave</p> <p>Strong</p> <p><b>Nursery</b></p> <p>Proud</p> <p>Special</p> <p><b>Reception</b></p> <p>Confident</p> <p>Aware</p>	<p><b>Making Relationships</b></p> <p>Preschool</p> <p>Friend</p> <p>Family</p> <p>Mum</p> <p>Dad</p> <p><b>Nursery</b></p> <p>Listening</p> <p>Talking</p> <p>Kindness</p> <p>Brother</p> <p>Sister</p> <p><b>Reception</b></p> <p>Uncle</p> <p>Aunty</p> <p>Cousin</p> <p>Love</p> <p>Speaking</p> <p><b>Self Confidence and Self Awareness</b></p> <p>Preschool</p> <p>Happy</p> <p>Brave</p> <p>Strong</p> <p><b>Nursery</b></p> <p>Proud</p> <p>Special</p> <p><b>Reception</b></p> <p>Confident</p> <p>Aware</p>	<p><b>Making Relationships</b></p> <p>Preschool</p> <p>Friend</p> <p>Family</p> <p>Mum</p> <p>Dad</p> <p><b>Nursery</b></p> <p>Listening</p> <p>Talking</p> <p>Kindness</p> <p>Brother</p> <p>Sister</p> <p><b>Reception</b></p> <p>Uncle</p> <p>Aunty</p> <p>Cousin</p> <p>Love</p> <p>Speaking</p> <p><b>Self Confidence and Self Awareness</b></p> <p>Preschool</p> <p>Happy</p> <p>Brave</p> <p>Strong</p> <p><b>Nursery</b></p> <p>Proud</p> <p>Special</p> <p><b>Reception</b></p> <p>Confident</p> <p>Aware</p>	<p><b>Making Relationships</b></p> <p>Preschool</p> <p>Friend</p> <p>Family</p> <p>Mum</p> <p>Dad</p> <p><b>Nursery</b></p> <p>Listening</p> <p>Talking</p> <p>Kindness</p> <p>Brother</p> <p>Sister</p> <p><b>Reception</b></p> <p>Uncle</p> <p>Aunty</p> <p>Cousin</p> <p>Love</p> <p>Speaking</p> <p><b>Self Confidence and Self Awareness</b></p> <p>Preschool</p> <p>Happy</p> <p>Brave</p> <p>Strong</p> <p><b>Nursery</b></p> <p>Proud</p> <p>Special</p> <p><b>Reception</b></p> <p>Confident</p> <p>Aware</p>

	Positive <b>Managing Feelings and Behaviour</b> <b>Preschool</b> Feeling Happy Sad Good Bad Sleepy <b>Nursery</b> Angry Upset Cry Tired Scared Hurt Behaviour <b>Reception</b> Confused Shy Excited Worried Positive Negative	Positive <b>Managing Feelings and Behaviour</b> <b>Preschool</b> Feeling Happy Sad Good Bad Sleepy <b>Nursery</b> Angry Upset Cry Tired Scared Hurt Behaviour <b>Reception</b> Confused Shy Excited Worried Positive Negative	Positive <b>Managing Feelings and Behaviour</b> <b>Preschool</b> Feeling Happy Sad Good Bad Sleepy <b>Nursery</b> Angry Upset Cry Tired Scared Hurt Behaviour <b>Reception</b> Confused Shy Excited Worried Positive Negative	Positive <b>Managing Feelings and Behaviour</b> <b>Preschool</b> Feeling Happy Sad Good Bad Sleepy <b>Nursery</b> Angry Upset Cry Tired Scared Hurt Behaviour <b>Reception</b> Confused Shy Excited Worried Positive Negative	Positive <b>Managing Feelings and Behaviour</b> <b>Preschool</b> Feeling Happy Sad Good Bad Sleepy <b>Nursery</b> Angry Upset Cry Tired Scared Hurt Behaviour <b>Reception</b> Confused Shy Excited Worried Positive Negative	Positive <b>Managing Feelings and Behaviour</b> <b>Preschool</b> Feeling Happy Sad Good Bad Sleepy <b>Nursery</b> Angry Upset Cry Tired Scared Hurt Behaviour <b>Reception</b> Confused Shy Excited Worried Positive Negative
<b>1</b>	<b>Relationships</b> <b>Feelings</b> <b>Co-operation</b> Bored Happy Sad Angry Surprise Sick Embarrassed Tired Scared	<b>Relationships</b> <b>Fair and unfair</b> <b>Right and wrong</b> Correct Incorrect Equal Unequal One sided Wrongful Bad Good	<b>Relationships</b> <b>Bullying</b> <b>Behaviour</b> Unkindness Kindness Bully Rude Attitude Respect friendship	<b>Health and Wellbeing</b> <b>Healthy eating</b> <b>Dental hygiene</b> <b>Keeping clean</b> Teeth Tooth brush Tooth paste Brushing washing Shower Bath	<b>Relationships</b> <b>Kindness</b> <b>Family</b> <b>Caring</b> Friendly Kind Caring <b>Members</b> Mother Father Brother	<b>Health and Wellbeing</b> <b>Growing up</b> <b>Personal safety</b> <b>Emotional safety</b> Get dressed Clean Boy Girl Same Different

	Share Give Receive Partner			healthy unhealthy vitamins minerals balanced diet	Sister Kind hearted Loving	Physical characteristics Gender Hair Face secrets
<b>2</b>	<b>Living in the wider world</b> <b>Responsibility</b> <b>Rules and expectations</b> Expect Respectful Respect Rules Change Ownership Feelings Reflect	<b>Relationships</b> <b>Friendship</b> Friends Enemies Kind Companion Acquaintance Caring Brave Good listener Considerate	<b>Health and Wellbeing</b> <b>Emotions</b> <b>Consequences</b> <b>Aspirations</b> Goals Bad Good Actions Proud Respected Fulfilled Powerful Loving Important Brave Remorseful Abandoned Hateful Threatened Frustrated Furious Grumpy Boisterous Scared Excited Surprise	<b>Living in the wider world</b> <b>Goals</b> <b>Belonging</b> <b>Local citizenship</b> <b>Road safety</b> Achievement Community Local Global Road Crossing Vehicle Zebra crossing Pelican crossing Pedestrian Traffic lights Seat belt Safe Reflective Florescent	<b>Health and wellbeing</b> <b>The human body</b> <b>Healthy eating</b> <b>Physical activity</b> Similar Different Gender roles Stereotypes Boy Girl Male Female Body parts Hygiene	<b>Living in the wider world</b> <b>Money</b> <b>Choices</b>  Career Jobs Pounds Pence Currency Notes Coins
<b>3</b>	<b>Health and wellbeing</b> Online safety Loss and separation Loss	<b>Living in the wider world</b> <b>Rules</b> <b>Leadership</b> <b>Money</b>	<b>Health and wellbeing</b> A balanced diet Physical exercise Balanced	<b>Health and wellbeing</b> Physical, emotional and mental health	<b>Health and wellbeing</b> Changing bodies Emergency calls Similar	<b>Relationships</b> Connections Family links Religious views Family

	Death Separate Divorce Trusted adult Personal information Website Internet Gaming Socialising Email Passwords	Tolerance Consequence Law Legal Illegal Democracy Liberty British vales Obey Listen Understand Pounds Currency Economy Pence Notes Coins	Diet Nutrients Healthy Carbohydrates Fats Vitamins Minerals Fibre Water Protein Sugars Gym	Emotions Health Mind Body Emotions Muscles Body	Different Male Female Body parts Comfortable Uncomfortable Body parts Like Dislike Touch Hug Kiss Police Ambulance Fire engine 999	Fostering Adoption Relationship Stereotypes Gender roles Worship Genetics Religion Culture Traditions
<b>4</b>	<b>Relationships</b> <b>Reactions</b> <b>Self-worth</b> <b>Persistence and resilience</b>  Self esteem Dignity Self-respect Pride Proud Perseverance Continuation Determination Purpose Flexible	<b>Relationships</b> <b>Loss and separation</b> <b>Family changes</b> <b>Friendship</b>  Loss Death Separate Divorce Trusted adult Parents Step family Half sister Half brother Friends Helping Kind Respectful Good friend Listens Advises	<b>Relationships</b> <b>Listening and responding</b> <b>Opinions</b>  Fact Opinions Different Similar Answer Listening Respond Advice Respectful	<b>Living in the wider world</b> <b>Goals</b> <b>Different communities</b>  Aspirations Set Ambitions Communities School Local Global Religious Ethnic Cultural LGBT Lesbian Gay Bisexual Transgender	<b>Health and wellbeing</b> <b>Strengths</b> <b>Goals</b>  Aspirations Setting goals Ambitions Cooperation Self-control Enthusiasm	<b>Relationships</b> <b>Working together</b> <b>Gender stereotypes</b> Team Teamwork Community LGBT Lesbian Gay Bisexual Transgender Gender Stereotype Female Male Discrimination Empowerment Perspective Social

				Social		
<b>5</b>	<b>Living in the wider world</b> <b>Structure</b> <b>Law and order</b> <b>Rights</b> Tolerance Consequence Law Legal Illegal Democracy Liberty British vales Obey Listen Understand Rights	<b>Health and wellbeing</b> <b>Death and grief</b> <b>Managing conflict</b>  Die Grief Sadness Death Pass away Argument Resolution Argue Conflict	<b>Health and Wellbeing</b> <b>Food choices</b> <b>Drugs and alcohol</b> <b>Substance abuse</b>  Unhealthy Healthy Obese Drugs Tablets Alcohol Drink Abuse Unit	<b>Relationships</b> <b>Confidentiality</b> <b>Listening</b> <b>Responding</b>  Secret Hidden Private Quite Respectful Answer Advice	<b>Health and Wellbeing</b> <b>Food choices</b> <b>Cooking</b>  Healthy Unhealthy Fast food Fruit Vegetables Meat Fish Plant based Vegan Vegetarian Pescatarian	<b>Relationships</b> <b>Goals</b> <b>Community spirit</b>  Ambitions Aspirations Community Local Global Residential School Team Teamwork Helping Social
<b>6</b>	<b>Health and wellbeing</b> <b>Strengths</b> <b>Setting goals</b>  Aspirations Setting goals Ambitions Cooperation Self-control Enthusiasm Future	<b>Relationships</b> <b>Race and ethnicity</b> <b>Gender stereotypes</b> <b>Culture</b> Race Ethnicity Nationality Religion Country Gender Stereotype Female Male Discrimination LGBT	<b>Health and Wellbeing</b> <b>Physical, emotional and mental health</b> <b>Healthy lifestyle</b>  Emotions Health Mind Body Emotions Muscles Body Active Gym	<b>Relationships</b> <b>connections</b> Links Ties Family Friendship Blood Step family Fostering Adoption Marriage Parents Children Genetics	<b>Living in the wider world</b>  <b>Money and budgeting</b> Budget Spending Expenditure Tax Insurance	<b>Living in the wider world</b>  <b>Making money</b> Wage Job Career Enterprise Profit Loss

		Lesbian Gay Bisexual Transgender Empowerment Culture Perspective				
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