

PSHE Vocabulary Progression Map 2020-21



Year Group	Autumn		Spring		Summer	
<p>EYFS</p> <p>PSED</p> <p>Personal, social, emotional development</p> <p>Vocabulary progresses throughout early years. Preschool vocabulary will still be used in nursery and reception</p>	Making Relationships	Making Relationships	Making Relationships	Making Relationships	Making Relationships	Making Relationships
	Preschool	Preschool	Preschool	Preschool	Preschool	Preschool
	Friend	Friend	Friend	Friend	Friend	Friend
	Family	Family	Family	Family	Family	Family
	Mum	Mum	Mum	Mum	Mum	Mum
	Dad	Dad	Dad	Dad	Dad	Dad
	Nursery	Nursery	Nursery	Nursery	Nursery	Nursery
	Listening	Listening	Listening	Listening	Listening	Listening
	Talking	Talking	Talking	Talking	Talking	Talking
	Kindness	Kindness	Kindness	Kindness	Kindness	Kindness
	Brother	Brother	Brother	Brother	Brother	Brother
	Sister	Sister	Sister	Sister	Sister	Sister
	Reception	Reception	Reception	Reception	Reception	Reception
	Uncle	Uncle	Uncle	Uncle	Uncle	Uncle
	Aunty	Aunty	Aunty	Aunty	Aunty	Aunty
	Cousin	Cousin	Cousin	Cousin	Cousin	Cousin
	Love	Love	Love	Love	Love	Love
	Speaking	Speaking	Speaking	Speaking	Speaking	Speaking
	Self Confidence and Self Awareness	Self Confidence and Self Awareness	Self Confidence and Self Awareness	Self Confidence and Self Awareness	Self Confidence and Self Awareness	Self Confidence and Self Awareness
	Preschool	Preschool	Preschool	Preschool	Preschool	Preschool
Happy	Happy	Happy	Happy	Happy	Happy	
Brave	Brave	Brave	Brave	Brave	Brave	
Strong	Strong	Strong	Strong	Strong	Strong	
Nursery	Nursery	Nursery	Nursery	Nursery	Nursery	
Proud	Proud	Proud	Proud	Proud	Proud	
Special	Special	Special	Special	Special	Special	
Reception	Reception	Reception	Reception	Reception	Reception	
Confident	Confident	Confident	Confident	Confident	Confident	
Aware	Aware	Aware	Aware	Aware	Aware	

	<p>Positive Managing Feelings and Behaviour Preschool</p> <p>Feeling Happy Sad Good Bad Sleepy</p> <p>Nursery Angry Upset Cry Tired Scared Hurt Behaviour</p> <p>Reception Confused Shy Excited Worried Positive Negative</p>	<p>Positive Managing Feelings and Behaviour Preschool</p> <p>Feeling Happy Sad Good Bad Sleepy</p> <p>Nursery Angry Upset Cry Tired Scared Hurt Behaviour</p> <p>Reception Confused Shy Excited Worried Positive Negative</p>	<p>Positive Managing Feelings and Behaviour Preschool</p> <p>Feeling Happy Sad Good Bad Sleepy</p> <p>Nursery Angry Upset Cry Tired Scared Hurt Behaviour</p> <p>Reception Confused Shy Excited Worried Positive Negative</p>	<p>Positive Managing Feelings and Behaviour Preschool</p> <p>Feeling Happy Sad Good Bad Sleepy</p> <p>Nursery Angry Upset Cry Tired Scared Hurt Behaviour</p> <p>Reception Confused Shy Excited Worried Positive Negative</p>	<p>Positive Managing Feelings and Behaviour Preschool</p> <p>Feeling Happy Sad Good Bad Sleepy</p> <p>Nursery Angry Upset Cry Tired Scared Hurt Behaviour</p> <p>Reception Confused Shy Excited Worried Positive Negative</p>	<p>Positive Managing Feelings and Behaviour Preschool</p> <p>Feeling Happy Sad Good Bad Sleepy</p> <p>Nursery Angry Upset Cry Tired Scared Hurt Behaviour</p> <p>Reception Confused Shy Excited Worried Positive Negative</p>
1	<p>Relationships Feelings Co-operation</p> <p>Bored Happy Sad Angry Surprise Sick Embarrassed Tired Scared</p>	<p>Relationships Fair and unfair Right and wrong</p> <p>Correct Incorrect Equal Unequal One sided Wrongful Bad Good</p>	<p>Relationships Bullying Behaviour Unkindness Kindness Bully Rude Attitude Respect friendship</p>	<p>Health and Wellbeing Healthy eating Dental hygiene Keeping clean</p> <p>Teeth Tooth brush Tooth paste Brushing washing Shower Bath</p>	<p>Relationships Kindness Family Caring Friendly Kind Caring Members Mother Father Brother Sister</p>	<p>Health and Wellbeing Growing up Personal safety Emotional safety Get dressed Clean Boy Girl Same Different</p>

	Share Give Receive Partner			healthy unhealthy vitamins minerals balanced diet	Kind hearted Loving	Physical characteristics Gender Hair Face secrets
2	Living in the wider world Responsibility Rules and expectations Expect Respectful Respect Rules Change Ownership Feelings Reflect	Relationships Friendship Friends Enemies Kind Companion Acquaintance Caring Brave Good listener Considerate	Health and Wellbeing Emotions Consequences Aspirations Goals Bad Good Actions Proud Respected Fulfilled Powerful Loving Important Brave Remorseful Abandoned Hateful Threatened Frustrated Furious Grumpy Boisterous Scared Excited Surprise	Living in the wider world Goals Belonging Local citizenship Road safety Achievement Community Local Global Road Crossing Vehicle Zebra crossing Pelican crossing Pedestrian Traffic lights Seat belt Safe Reflective Florescent	Health and wellbeing The human body Healthy eating Physical activity Similar Different Gender roles Stereotypes Boy Girl Male Female Body parts Hygiene	Living in the wider world Money Choices Career Jobs Pounds Pence Currency Notes Coins
3	Health and wellbeing Online safety Loss and separation Loss	Living in the wider world Rules Leadership Money	Health and wellbeing A balanced diet Physical exercise Balanced	Health and wellbeing Physical, emotional and mental health	Health and wellbeing Changing bodies Emergency calls Similar	Relationships Connections Family links Religious views Family

	<p>Death Separate Divorce Trusted adult Personal information Website Internet Gaming Socialising Email Passwords</p>	<p>Tolerance Consequence Law Legal Illegal Democracy Liberty British vales Obey Listen Understand Pounds Currency Economy Pence Notes Coins</p>	<p>Diet Nutrients Healthy Carbohydrates Fats Vitamins Minerals Fibre Water Protein Sugars Gym</p>	<p>Emotions Health Mind Body Emotions Muscles Body</p>	<p>Different Male Female Body parts Comfortable Uncomfortable Body parts Like Dislike Touch Hug Kiss Police Ambulance Fire engine 999</p>	<p>Fostering Adoption Relationship Stereotypes Gender roles Worship Genetics Religion Culture Traditions</p>
<p>4</p>	<p>Relationships Reactions Self-worth Persistence and resilience Self esteem Dignity Self-respect Pride Proud Perseverance Continuation Determination Purpose Flexible</p>	<p>Relationships Loss and separation Family changes Friendship Loss Death Separate Divorce Trusted adult Parents Step family Half sister Half brother Friends Helping Kind Respectful Good friend Listens Advises</p>	<p>Relationships Listening and responding Opinions Fact Opinions Different Similar Answer Listening Respond Advice Respectful</p>	<p>Living in the wider world Goals Different communities Aspirations Set Ambitions Communities School Local Global Religious Ethnic Cultural LGBT Lesbian Gay Bisexual Transgender Social</p>	<p>Health and wellbeing Strengths Goals Aspirations Setting goals Ambitions Cooperation Self-control Enthusiasm</p>	<p>Relationships Working together Gender stereotypes Team Teamwork Community LGBT Lesbian Gay Bisexual Transgender Gender Stereotype Female Male Discrimination Empowerment Perspective Social</p>

<p style="text-align: center; font-size: 2em; font-weight: bold;">5</p>	<p>Living in the wider world Structure Law and order Rights Tolerance Consequence Law Legal Illegal Democracy Liberty British vales Obey Listen Understand Rights</p>	<p>Health and wellbeing Death and grief Managing conflict Die Grief Sadness Death Pass away Argument Resolution Argue Conflict</p>	<p>Health and Wellbeing Food choices Drugs and alcohol Substance abuse Unhealthy Healthy Obese Drugs Tablets Alcohol Drink Abuse Unit</p>	<p>Relationships Confidentiality Listening Responding Secret Hidden Private Quite Respectful Answer Advice</p>	<p>Health and Wellbeing Food choices Cooking Healthy Unhealthy Fast food Fruit Vegetables Meat Fish Plant based Vegan Vegetarian Pescatarian</p>	<p>Relationships Goals Community spirit Ambitions Aspirations Community Local Global Residential School Team Teamwork Helping Social</p>
<p style="text-align: center; font-size: 2em; font-weight: bold;">6</p>	<p>Health and wellbeing Strengths Setting goals Aspirations Setting goals Ambitions Cooperation Self-control Enthusiasm Future</p>	<p>Relationships Race and ethnicity Gender stereotypes Culture Race Ethnicity Culture Nationality Religion Country Gender Stereotype Female Male Discrimination LGBT Lesbian Gay Bisexual Transgender Empowerment Perspective</p>	<p>Health and Wellbeing Physical, emotional and mental health Healthy lifestyle Emotions Health Mind Body Emotions Muscles Body Active Gym</p>	<p>Relationships connections Links Ties Family Friendship Blood Step family Fostering Adoption Marriage Parents Children Genetics</p>	<p>Living in the wider world Money and budgeting Budget Spending Expenditure Tax Insurance</p>	<p>Living in the wider world Making money Wage Job Career Enterprise Profit Loss</p>

