



Excellence in Education Catering

## The Benefits of School Lunch

As your child's **School Lunch Provider**, HCL takes great pride in delivering tasty and nutritional meals at every lunchtime service.

There are so many **benefits** to having a cooked school lunch, such as:

- **Nutritious** meals full of **energy-fueling** ingredients, lead to a **better learning environment**.
- **Convenient** for Parents and Carers.
- At least one portion of **fruit** and **vegetables** in every serving.
- Confidence that **all** meals meet **nutritional** standards.

As **experts** in nutrition and catering, providing a service that parents can **trust**, with menus that prioritise your childrens' **health and well-being**, is at the forefront of our operation. We're all leading busy lives, so let our menu provide your child with a **hot, healthy and balanced meal**.



## Sustainability

We take our responsibility to implement **sustainable practices** that **positively** impact our customers, communities and the health of our planet very seriously. This ethos is embedded in our values and policies and is reflected in our entire supply chain. HCL is taking multiple steps to reduce our environmental impact by:

- Proactively **educating** and **raising awareness** of how all ages can **support sustainability**.
- **Encouraging** all staff across the business to be environmentally responsible through regular **training**. Ensuring we all adhere to **environmental laws, policies and procedures**.
- Working with our suppliers to replace any **negative** environmental impacts with **positive** ones. Meeting these requirements is **mandatory** for all our suppliers.

WE'RE COMMITTED TO ACHIEVING  
NET ZERO BY 2030!

FRESH FRUIT AND A CHOICE OF  
DESSERTS ARE AVAILABLE DAILY



## Social Value

Social value is important to us, demonstrated in part by our **Community Support Team** who deliver workshops in schools such as **Cookery clubs, Gardening clubs, Healthy Eating workshops** and **Assemblies**. All our clubs are highly inclusive, we have parents, grandparents and siblings signing up to enjoy them!



## Accreditations

We're incredibly proud that we:

- Comply with **Government Food Standards**.
- Have achieved **Food For Life Silver Award** for 8 years.
- Prepare **75%** of dishes **freshly** from **unprocessed** ingredients containing no **undesirable additives** or **trans fats**.
- Provide the **Platinum Sugarwise** catering mark for all Primary Schools; giving you peace of mind that our menu consists of low amounts of **'free sugars'**.



## Recruitment

Join our catering team, working part time and term time preparing and serving delicious, nutritious school meals!

Working for HCL, we will provide you with **full training, personal development**, part time and term time only working (so you can have the holidays off to fit in with your family life), pension, on the job support and discounts that can save you **£100s** each year!

Positions are available in both Primary & Secondary Schools and our recruitment team is waiting to hear from you right now!

TO FIND OUT MORE AND APPLY FOR ANY OF  
OUR LATEST VACANCIES, JUST SCAN HERE



SCAN ME



# WEEK ONE

Served Week Commencing:

• 2022: 31 October, 21 November, 12 December • 2023: 5 January, 23 January, 20 February, 13 March

## MONDAY

BBQ Chicken with Rice  
Italian Pasta Bake (Ve) with Crusty Bread

CHILLED OPTION:  
Tuna Roll

Jacket Potato with various toppings

## TUESDAY

Mediterranean Roll (Ve) with Potato Wedges  
Macaroni Cheese (V) with Garlic Bread

CHILLED OPTION:  
Egg Roll (V)

Jacket Potato with various toppings

## WEDNESDAY

Roast Chicken with Sage and Onion Stuffing  
Sausages in Yorkshire Pudding (V) with Roast Potatoes or Wholemeal Pasta

CHILLED OPTION:  
Chicken Mayo Wrap

Jacket Potato with various toppings

## THURSDAY

Cottage Pie  
Quorn Burger in a Bun (V) with Diced Potatoes

CHILLED OPTION:  
Cheese Baguette (V)

Jacket Potato with various toppings

## FRIDAY

Battered Fish  
Cheese and Tomato Pizza (V) with Oven Chips or Pasta

CHILLED OPTION:  
Tuna Sandwich

Jacket Potato with various toppings

WINTER/  
SPRING  
2022/23



# WEEK TWO

Served Week Commencing: • 2022: 7 November, 28 November, 19 December • 2023: 9 January, 30 January, 27 February, 20 March

## MONDAY

Chicken Sausages with Creamed Potatoes  
Cheese & Veg Pasties (V) with Diced Potatoes

CHILLED OPTION:  
Tuna Sandwich

Jacket Potato with various toppings

## TUESDAY

Chicken Pie with Herby Potatoes  
Mild Vegetable Curry (Ve) with Rice

CHILLED OPTION:  
Egg Roll (V)

Jacket Potato with various toppings

## WEDNESDAY

Roast Turkey with Sage and Onion Stuffing  
Lentil Roast (V) with Roast Potatoes or Wholemeal Pasta

CHILLED OPTION:  
Chicken Mayo Wrap

Jacket Potato with various toppings

## THURSDAY

Quorn Hot Dog (V)  
Roasted Vegetable Lasagne (V) with Garlic Bread with Potato Wedges or Pasta

CHILLED OPTION:  
Cheese Baguette (V)

Jacket Potato with various toppings

## FRIDAY

Crispy Coated Salmon  
Cheese and Tomato Pizza (V) with Oven Chips or Pasta

CHILLED OPTION:  
Tuna Roll

Jacket Potato with various toppings



# WEEK THREE

Served Week Commencing: • 2022: 14 November, 5 December • 2023: 16 January, 6 February, 6 March, 27 March

## MONDAY

Vegballs in Homemade Tomato Sauce (Ve) with Pasta  
Cheese Pinwheel (V) with Diced Potatoes

CHILLED OPTION:  
Egg Roll (V)

Jacket Potato with various toppings

## TUESDAY

Mild Chicken Curry with Rice  
Omelette, Grilled Tomatoes and Baked Beans (V) with Potato Wedges or Tricolour Pasta

CHILLED OPTION:  
Tuna Sandwich

Jacket Potato with various toppings

## WEDNESDAY

Roast Chicken with Sage and Onion Stuffing  
Tomato Bolognese (Ve) with Roast Potatoes or Wholemeal Pasta

CHILLED OPTION:  
Cheese Baguette (V)

Jacket Potato with various toppings

## THURSDAY

Beef Burger in a Bun with Potato Wedges  
Cheese, Potato and Broccoli Bake (V)

CHILLED OPTION:  
Chicken Mayo Wrap

Jacket Potato with various toppings

## FRIDAY

Fish Fillet Fingers  
Cheese and Tomato Pizza (V) with Oven Chips or Pasta

CHILLED OPTION:  
Egg Roll (V)

Jacket Potato with various toppings

Freshly baked bread, seasonal vegetables and bowl salads are available daily • Gravy and Custard are always available separately when on the menu • All our milk is organic - fresh from the dairy (V) = Vegetarian (Ve) = Vegan