# RSE Policy

	Name		Date
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#### 1.0 RATIONALE

At De Bohun sex education provides an understanding that positive, caring environments are essential for the development of a good self-image and that individuals are in charge of and responsible for their own bodies. It is lifelong learning about physical, moral and emotional development. Our relationships and sex programme provides information, which is relevant and appropriate to the age and maturity of the children, taking into account social and religious concerns. Children are taught how their bodies work, are prepared for puberty, sexual relationships they may have in the future. It is an understanding of the importance of stable and loving relationships, respect, love and care.

Relationships Education is delivered through Personal, Social and Health Education to all pupils in Years 1 to 6. From September 2020, parents will not be able to opt out of this curriculum.

Sex Education is delivered separately to Year 6 and has a separate policy to outline the aspects that will be covered. Parents can choose to withdraw their child from Sex Education.

In both policies, there are links with the Science policy and curriculum which covers the parts of the body, puberty and changes in the body. This is delivered at an age-appropriate level from Years 1 to 6.

#### 1.1 POLICY FORMATION AND CONSULTATION PROCESS

The PSHE leader has overall responsibility for the relationships and sex education policy.

The following stages were undertaken:

- the process for developing a relationships and sex education policy was agreed at a governors meeting on the 18<sup>th</sup> May 2020
- consultation has taken place with health professionals
- safeguarding is an integral part of our policy
- policy will be reviewed in 3 years
- parents are consulted

#### 1.2 STATUTORY REQUIREMENTS AND GUIDANCE

Relationships and sex education will contribute to the requirements of section 1 of the 1988 Education Reform Act and the school curriculum should be one which:

- 'promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society; and
- prepares such pupils for the opportunities, responsibilities and experiences of adult life'

As a maintained primary school we must provide relationships education to all pupils as per section 34 of the Children and Social work act 2017.

- Under the 1993 Education Act pupils can be withdrawn by their parents, from part of the relationships and sex education programme that is outside the compulsory elements of relationships and sex education in the National Science Curriculum.
- In teaching RSE, we must have regard to guidance issued by the secretary of state as outlined in section 403 of the Education Act 1996.
- The school follows the guidance set out in Relationships Education, relationships and sex education (RSE) and Health Education, February 2019

- The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019, make Relationships Education compulsory for all pupils receiving primary education.
- The school also follows the Equality Act 2010 and the Public Sector Duty
- The school follows the guidance of the PSHE Association and uses 3-Dimensions
   Scheme of Work

Under the 2004 Children's Act schools are required to respond to the Every Child Counts Agenda. Relationships and sex education makes particular reference to the following objectives:

- Children and Young People are physically healthy
- Children and Young People are mentally and emotionally healthy
- Children and Young People are sexually healthy
- Children and Young People live healthy lifestyles
- Children and Young People are safe from maltreatment, neglect, violence and sexual exploitation
- Children and Young People develop positive relationships and choose not to bully or discriminate
- Children and Young People develop self-confidence and successfully deal with significant life changes and challenges
- Children and Young People engage in law-abiding and positive behaviour in and out of school

#### 2.0 AIMS OF RELATIONSHIPS AND SEX EDUCATION

De Bohun School believes that relationships and sex education in this school will be developmental and a foundation for further development in the secondary school.

The school will work towards these aims in partnership with the parents. The aim of the relationships and sex education policy is to clarify the content and manner in which relationships and sex education will be delivered in this school.

#### 2.1 MORAL AND VALUES FRAMEWORK

The School recognizes that it is a moral body in its own right. As part of the whole curriculum the school seeks to explore issues of right and wrong. Relationship education is a part of whole school life and all aspects of the curriculum offer opportunities to learn skills including an emphasis on respect, relationship skill building and personal development. The school recognizes that RSE is fraught with certain difficulties and whilst it acknowledges different lifestyle choices, it promotes a view that stable loving relationships are the best context for sexual relationships and the bringing up of children.

Relationships Education will:

- Have a clear focus on positive, strong and healthy relationships;
- Reinforce the school's values of Relationships, Resilience, Resourceful, Risk-taking, Respect and Reflective;
- Teach respect and inclusivity and well as building life-long aspirational learners;
- Reflect the law (including the Equality Act 2010) as it applies to relationships so that young people clearly understand what the law allows and does not allow;
- Emphasise how pupils keep themselves safe both on and offline;

#### 2.2 EQUAL OPPORTUNITIES

De Bohun School is committed to working towards equal opportunities in all aspects of school life. All resources used will support this commitment. De Bohun believes strongly in providing education that is open and inclusive. We encourage all children to thrive as individuals and as part of a wider community that respects diversity. De Bohun pupils are thoughtful on matters relating to race, religion or belief, sexual orientation, gender and forms of disability.

De Bohun is an LGBT inclusive school. We guide all pupils toward an inclusive and accepting attitude through an RSE curriculum that reflects the daily lives of LGBT people and families. This is in line with government statutory requirements (Sept 2020) and the Equality Act 2010.

"Evidence suggests young people who identify as lesbian, gay, bisexual or trans (LGBT) are more likely to experience bullying, and this type of bullying has significant effects on educational attainment, absence levels and emotional wellbeing." Bhavini Tailor, Government Equalities Office 'Policy Advisor, LGBT policy' between Jan 2018 – Nov 2019

#### 3.0 CONTENT

The content of the School's RSE programme is based on the National Curriculum science programme and the non-statutory guidance for PSHE/C contained in the National Curriculum Handbook for teachers. Here is a summary of the content as set out in the DFEE's Guidance 0116/2000

At primary school level relationships and sex education should contribute to the foundation of PSHE and citizenship by ensuring that all children:

- develop confidence in talking, listening and thinking about feelings and relationships;
- are able to name parts of the body and describe how their bodies work;
- can protect themselves and ask for help and support; and
- are prepared for puberty

Health and safety guidance for children experiencing early puberty will be offered to families from Year 4. This is as advised by Public Health England. This is not considered part of sex education, which begins for all students in Year 6 under Relationships and Sex Education.

#### 3.1 DELIVERY OF RSE (See Appendix 2)

All staff are responsible for teaching about and modelling good relationships within the School. Much of the general work in the school is based on good relationships and in this regard RSE is supported by the School's behaviour management policy and other aspects of whole school life. It is also the responsibility of the whole staff to deliver the National Curriculum science programme.

Curriculum links are made in relationship education across EYFS, Key Stage 1 and Key Stage 2 and skills are developed through the 'Learning to learn' skills, team work skills in PE and through the implementation of the PSHE and RE curriculum. Children will have the opportunity to demonstrate a secure progression in relationship skills through the development of social skills, conflict resolution and peer mediation.

#### **3.2 USE OF OUTSIDE AGENCIES**

Careful consideration is given to the content, co-ordination and consistency of messages presented to children and an outside organisation is only used to enhance the current programme, not to replace teacher led delivery. All organisations and visitors, who visit to provide curriculum support are issued with a code of conduct.

#### 3.3 TEACHING AND RESOURCING

In the delivery of RSE teachers will use a variety of teaching methods and resource. The following are recognized methods for the effective delivery of RSE:

- Discussion
- Drama and role-play
- Research and presentation
- Use of outside health professionals

Teachers will also use other teaching methods to enable pupils to learn about RSE, which are age appropriate, taking into account the developmental needs of individual pupils. The school nurse is available to support the teaching of RSE.

Boys and Girls will mainly be taught together in class, but may be split up afterwards for separate follow-up discussion with the class teachers.

#### 3.4 DEALING WITH SENSITIVE ISSUES

Teachers need to be sure that they are aware of issues that may arise out of teaching and learning about RSE. The following are protocols for discussion based lessons with Pupils:

- no one (teacher or pupil) will have to answer a personal question;
- no one will be forced to take part in discussions;
- only the correct names for body parts will be used;
- meanings of words will be explained in a sensible and factual way; and
- teachers may use their discretion in responding to questions and may say that the appropriate person to answer the question is the parent.

Where a member of staff is concerned that a child protection issue is arising it is his/her responsibility to follow the School's Child Protection Policy.

#### 4.0 PROVISION FOR PUBERTAL PUPILS

Sanitary Disposal Units are located in the cubicles of the adult toilets, that children are invited to use under supervision of the welfare team.

#### **5.0 PARTNERSHIP WITH PARENTS**

The school works closely with parents as we believe that children benefit from being given consistent messages about their changing bodies and their increasing responsibilities. We invite parents/carers of pupils in Y5 and Y6 to view the materials we use in our teaching and to discuss the programme of lessons and how they are taught. Parents have the right to withdraw their children from RSE that falls outside the National curriculum science programme. Please write to the Head teacher. When they receive the letter he/she will invite

the parents to a meeting, at which they will explain clearly what the school's policy is and seek to accommodate he wishes and/or concerns of the parent. If it is not possible to accommodate their needs the child will be withdrawn from the RSE lesson and placed in another class where suitable work and supervision will be provided. A copy of this policy will be made available to all parents who request it.

#### **5.1 PARENTS RIGHT TO WITHDRAW**

In the 2019/20 academic year, parents will have the right to withdraw their child from Relationships Education and can do so by writing to the Headteacher.

From September 2020, parents/carers will not have the right to withdraw their children from Relationships Education. This is set out in the Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019, which makes Relationships Education compulsory for all pupils receiving primary education. Parents/carers have the right to withdraw their children from the sex education delivered to Year 6.

#### 6.0 HIV/AIDS POLICY

The school follows the procedure outlined by Enfield Borough Council with regard for supporting pupils or staff infected or affected by HIV/AIDS.

#### 7.0 COMPLAINTS PROCEDURE

Any complaints about the relationships and sex education programme should be made to the Headteacher who will report the concerns to the governing body.

#### **8.0 DISSEMINATION OF THE POLICY**

All staff members and governors will receive a copy of this policy. Several copies are available for loan from the secretary's office on request. A short summary of this policy will be included in the school prospectus. The policy is published on the schools website.

#### 9.0 RESPONSIBILITY

The Governing Body will approve the Relationships policy, and hold the headteacher to account for its implementation. After the initial development of the policy, the governing body will delegate the approval of this policy to the Standards & Achievement Committee.

The headteacher is responsible for ensuring that the Relationships policy is taught consistently across the school.

Staff are responsible for:

- Delivering RSE in a sensitive way and by adhering to the policy and guidance
- Modelling positive attitudes to Relationships Education
- Monitoring progress
- Responding to the needs of individual pupils
- Ensuring all pupils (including those with additional needs) are able to access the lessons.

Staff do not have the right to opt out of teaching Relationships Education. Staff who have concerns about teaching Relationships Education are encouraged to discuss this with the headteacher.

#### 10.0 ASSESSMENT, MONITORING AND REVIEW

Teachers assess the children's work in relationships and sex education both by making informal judgments' as they observe them during lessons and by doing formal assessments of their work, measured against the specific learning objectives set out in the National Curriculum. We have clear expectations of what the pupils will know, understand and be able to do at the end of each key stage.

The delivery of Relationships Education is monitored by the School Leadership Team through a variety of ways, which may include planning scrutinies and learning walks etc.

Pupils' development in Relationships Education is monitored by class teachers as part of our internal assessment systems.

This policy will be reviewed by the headteacher every three years which will include ratification by the Governing Body.

#### 11.0 LINKS TO OTHER POLICIES AND SUBJECT AREAS

- Equality
- Behaviour and Anti Bullying
- Child Protection
- SEND
- Teaching and Learning
- Vision, values, ethos and 'Learning to learn skills'
- Parent, school and pupil agreement
- E Safety
- Science

#### 11.1 NATIONAL CURRICULUM SCIENCE (See Appendix 3)

The school recognizes that RSE must be taught at both Key Stages (See Appendix 2.1 and 2.2). Whenever RSE appears in the School's PSHE/C programme in a discrete fashion, the class teacher will inform parents about the issues to be covered and seek their support in exploring these issues in the home context.

The PSHE Scheme that De Bohun School is using is 3Dimensions. This scheme is separated into year groups.

In Year 5, children are taught about the life cycles of humans and animals, including reproduction. They also learn about the changes that happen in humans from birth to old age. This includes learning what happens in puberty. Children in year 5 will know about and understand the physical, mental and emotional changes that take place during puberty, why they are taking place and the importance of personal hygiene

In year 6, children are taught to know how and understand why close relationships are formed, especially during adolescence. They will understand why friendship is important, know the features of a healthy relationship and recognise how new relationships may develop. They will recognise that positive friendships and relationships can promote health and wellbeing and learn about the many different types of relationships that exist. Children will learn about sex and what it is. They will learn to judge what kind of physical contact is acceptable or unacceptable in relationships and identify how to find information and advice through help lines. Children will learn about gender identities and have an awareness of transgender issues.

# **Appendices**

Appendix 1 – Expectations – What pupils should know by the end of Primary School (Year 6)

Appendix 2 – PSHE Key Skills Progression Map

Appendix 2.1 – PSHE Curriculum Map

Appendix 3 – Science Curriculum Map

# Appendix 1

#### KS1

#### **Core Theme 1 Health and Wellbeing**

Healthy Lifestyles Hygiene Changing and Growing Emotions Keeping Safe

#### **Core Theme 2 Relationships**

Communication
Bullying
Fairness
Family and Friends

#### Core Theme 3 Living in the Wider World

Rules and Responsibilities Communities Money and Finance

#### LKS2

#### **Core Theme 1 Health and Wellbeing**

Health
Healthy Lifestyles
Nutrition and Food
Aspirations
Emotions
Safety
Growing and Changing
First Aid

# Core Theme 2 Relationships

Communication
Collaboration
Bullying
Similarities and Differences
Healthy Relationships
Core Theme 3 Living in the Wider World
Rules and Responsibilities
Diversity
Discrimination
Economic Awareness

#### UKS2

#### **Core Theme 1 Health and Wellbeing**

Health
Nutrition and Food
Aspirations
Emotions
Safety
Sex Education

## **Core Theme 2 Relationships**

Communication
Collaboration
Similarities and Differences
Healthy Relationships

# Core Theme 3 Living in the Wider World

Rights and Responsibilities
Diversity
Economic Awareness
Enterprise

# **Appendix 2: PHSE Key Skills Progression Map**

Year Group	Autumn	Spring	Summer
EYFS	and Self Awareness, and also Managing Feelings and Behaviour. about their experiences, their emotions and relationships. Lots are encouraged to support each other to resolve social issues an	nal, Social and Emotional Development (PSED). PSED is spilt into a PSED is usually taught as teacher led circle times which are planned informal discussion are shared and often arise from incidences didevelop and maintain positive relationships and friendships. Wind also our local community which are linked to how we are expe	ed discussions that encourage the children to talk that may have arisen during the session. The children e also develop class rules with the children's ideas too,
Pre	Recognise	Recognise	Recognise
School	Children are encourage to say hello to each other and also to the staff when they come into Pre-school. Staff support the children to make positive relationships and also to feel safe and secure during the Pre-school sessions.  Reflect Children are encouraged to recognise that we are all special and are part of a Pre-school family and we are here to support each other to learn and develop new skills.  Respond Planned circle times and also individual discussions about our families reflective of the children's questions and observation of each other. Children to acknowledge each other and staff and to communicate with them verbally and also using their name, e.g.  Mrs Rodgers rather than Miss. Core Books: Za Za's Baby Brother, Owl Babies. Guess How Much I Love You.	Children are now familiar with the Pre-school routine and are able to follow the session routine. Encourage children to become more independent in health and self-care. Children will also be more aware of their body growing and they are able to do more physical activities more independently.  Reflect  Children are supported to ask for help with hygiene and recognise that they need to wash their hands regularly especially when they go to the toilet and before eating snacks. Talk about our bodies and how they need to be looked after and how we need to excise regularly and eat a balanced diet.  Respond  All adults to support and remind children about health and self-care. Talk about why we need to wash our hands and why our bodies need a balance diet.  Planned activities based around food tasting and physical activities.  Core books:  Handa's surprise. I Want The Potty. Goldilocks and The Three Bears.	Adults to work with the children in preparation for transition from Pre-school to Nursery. The children will talk about things that they can now do that they didn't use to be able to do. Talk about how we need to move on so we can use resources that are more age appropriate to stimulate us and challenge our learning.  Reflect  Adults talk to the children about their new environment in the next term and how they will have new adults working with them.  Respond  Transition sessions for children to meet new adults and to see their new peg, toilets, snack table and environment. Children to have circle times to talk about moving on to new Nurseries, meeting and making new friends and being supported and helped by new adults.  Children to access snacks independently rather than circle time snack time. Talk about sitting at the snack table, washing hands firstly, and helping themselves to snack eating an appropriate amount of snack.  Core books;  Pete Goes To Nursery. Topsy and Tim Start Nursery. Jasper's Beanstalk.

#### Nursery

#### Recognise

The children need to be supported and encouraged to separate from their parents at the main Nursery door and to be independent in dressing themselves.

#### Reflect

A member of staff is situated at the door to welcome the children and parents at the start of the session. Also to support the children to walk into Nursery independently once they are familiar with adults and setting. Encourage them to take off their coats and hang them up on their pegs encouraging them to put on and take off their clothes with support.

#### Respond

All adults will show the children how to put on their coats putting their arms in first with the coat lying on the floor. Adults to start zips off at the bottom and to encourage the children to finish the zipping off.

Talk about our five senses and our bodies.

#### Core books:

Monkey Puzzle, We're Going On A Bear Hunt

#### Recognise

Weekly PE sessions will begin. Children will be introduced to new physical skills and activities and will have to respond to new PE staff.

#### Reflect

The children will be introduced to new physical skills which will challenge them. They will have to listen to the instructions and work in small teams/pairs whilst maintaining safety skills.

#### Respond

The children will be put into small groups of mixed ability and will have a member of Nursery staff with them to support them with the new PE staff. Children will be reminded to listen carefully to the instructions so they are able to do the new PE safely without causing any injury. Children to learn about their bodies and how they use different parts of the body to help them do the different skills.

#### Core books;

Giraffes Can't Dance. Funny Bones. Oliver's Vegetables.

#### Recognise

The children will know that some of them will be going to new schools to start Reception and they will make new friends and work with new adults.

#### Reflect

Assure the children about moving on and transition to Reception. The children will become more aware that they will be moving to a new building. Talk about the change in the day, how they will stay at school all day, have school dinners, Children to meet their new teachers and see their new classrooms within our school.

#### Respond

Children to talk about moving on and sharing their views and experiences with adults supporting them to feel safe and secure still. Adults to work with new settings to ensure the children's interests, abilities are shared with the new teachers to ensure that the children will continue to be supported to be challenged and their learning continues to be embedded.

**Core books;** Topsy and Tim Start School. Would you rather? Titch

#### Reception

#### Recognise

The children recognise that in the main school their daily routine is supported by a variety of different adults with different roles; teachers, support staff, kitchen staff, dinner ladies, play-ground mentors, and office staff.

#### Reflect

The children understand that our school community has lots of different roles that all support their well-being and learning. We acknowledge that everyone has a special role and that we work as a team together.

#### Respond

Circle times to talk about people who help us in our school, in our local community and in the wider world. The children will be encouraged to share their experiences and talk about job roles.

#### Recognise

The children are becoming more aware about our world. They are beginning to ask about different foods, animals and the seasons.

#### Reflect

Adults prompt the children to talk about changes in our world, how things, animals and people grow and change and what we need to do to look after our world. Talk about feelings, helping each other and looking after things.

#### Respond

Adults plan literacy and numeracy activities which encourage the children to think about our planet. Through the Living Egg Project the children will see chicks hatch and then grow over two weeks seeing the chicks being able to fly. The children need to think about how we look after plants, where food

#### Recognise

The children will be encouraged to be more independent to get them ready for Year One, moving out of the Early Years.

#### Reflect

The children are being more independent in their learning and are able to access resources independently to support their learning. They are increasingly becoming more confident to 'have a go' at writing, solving number problems are resolving social conflicts sometimes still needing adult support.

#### Respond

Children are actively encouraged to talk openly about their feelings, concerns and share their worries with each other and as a whole class. The children will be

	Core books: People Who Help Us Series of books.	comes from and thinking about food around the world talking about different cultures, habitats and environments.  Core books: Rumble In The Jungle. Houses Around The World. Olivier's Fruits.	introduced to subtle changes, carrying their lunch on a tray rather than the Reception trays, be responsible for bringing in their reading books/home learning and giving them to adults to changes  Core books: Colour Monster. Sharing A Shell.
1	Recognise — Recognise, name and manage their feelings in a positive way. Recognise the difference between right and wrong, fair and unfair, good and bad choices Identify different relationships that they have and why these are important Reflect Understand the difference between impulsive and considered behaviour. Respond Develop positive relationships through work and play  Core books: I feel frightened, I feel angry, I feel worried, Today	Recognise Recognise how their behavior affects other people. Recognise why healthy eating and physical activity are beneficial Reflect Consider different types of teasing and bullying. Understand that bullying is wrong and know how to get help to deal with bullying. Respond Seek help from an appropriate adult when necessary. Manage basic personal hygiene. Core books: IJustWantToDoltMyWay, Willy and Hugh,	Recognise Recognise that there are people who care for and look after them Recognise the simple physical changes to their bodies experienced since birth Reflect Reflect on the similarities and differences between people Respond Make positive real-life choices  Core books: The huge bag of worries, Detective dog
2	I'm a monster  Recognise Identify the different types of work people do and learn about different places of work.  Reflect Listen to and show consideration for other people's views Respond Share opinions on things that matter to them  Core books: All are welcome	Recognise Recognise how their behaviour and that of others may influence people both positively and negatively. Recognise what they are good at, Reflect Identify and talk about their own and others' strengths and weaknesses and how to improve Respond Work and play independently and in groups, showing sensitivity to others. Core books: Will you be my friend?, Standing on my own two feet.	Recognise Recognise that some substances can help or harm the body. Recognise where money comes from and the choices people make to spend money on things they want or need. Reflect Understand that we cannot always afford the items we want to buy Respond Make simple choices that improve their health and wellbeing e.g. healthy eating Contribute to enterprise activities Core books: The accidental billionaire

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#### Recognise

Recognise that people can feel alone and misunderstood and learn how to give appropriate support.

Recognise why people work

Identify the range of jobs carried out by the people they know Recognise what influences the choices people make about how money is spent.

#### Reflect

Listen to, reflect on and show consideration and respect for other people's views and feelings

#### Respond

Use ICT safely including keeping electronic data secure
Use strategies to stay safe when using ICT and the internet
Work co-operatively, showing fairness and consideration to
others

**Core books:** I want to be a police officer, Chicken Clicking, Staying safe online

#### Recognise

Face new challenges positively and know when to seek help

#### Reflect

Explore the relationships and balance between physical activity and nutrition in achieving a physically and mentally healthy lifestyle

#### Respond

Begin to make informed lifestyle choices

Follow school rules about health and safety and know where to get help

Core books: The Sugar story, My amazing body

#### Recognise

Show awareness of changes that take place as they grow

Recognise that there are medicines and some other substances that can be used in a safe way to improve health

To recognise that all families look different

#### Reflect

Understand the nature and consequences of negative behaviors such as bullying, aggressiveness

#### Respond

Extend strategies to cope with risky situations

Behave safely and responsibly in different situations

**Core books:** And Tango makes three, Mommy, Mama and Me, The family book

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#### Recognise

Recognise their strengths and how they can contribute to different groups

#### Reflect

Begin to reflect on their worth as individuals by identifying positive things about themselves and their achievements

Reflect on own mistakes and make amends

#### Respond

Talk about their views on issues that affect themselves and their class

Begin to make responsible choices and consider consequences

Core books: I don't want to be a frog, badgers parting gifts

#### Recognise

Recognise the factors influencing opinion and choice, including the media

Show awareness of issues affecting communities and groups
Recognise the importance of local organisations in providing for
the needs of the local communities

#### Reflect

Reflect on how people can take actions, make a positive contribution and have a say in what happens, both locally and nationally

#### Respond

Make decisions, giving consideration to the impact they may have on others

**Core books:** The accidental prime minister, The accidental president.

#### Recognise

Recognise stereotyping and discrimination Recognise peoples differences and similarities

#### Reflect

Negotiate and present their own ideas

Consider the impact that discrimination has on people's lives and reflect on ways that this can be stopped

Value peoples differences and similarities

#### Respond

Challenge stereotyping and discrimination and think about way that this can be stopped

**Core books:** Is he a girl?, Bill's new frock

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#### Recognise

Recognise how rights need to be balanced against responsibilities in order to protect individuals and communities from injustice

#### Reflect

Consider the main features of a democracy

#### Respond

Engage actively with democratic processes and address issues of concern to them through their actions and decision making

Empathise with another viewpoint

**Core books:** Children's rights and responsibilities

#### Recognise

Identify the different kinds of risks associated with the use and misuse of a range of substances and the impact that misuse of substances can have on individuals, their families and friends Recognise that people can feel alone and misunderstood and learn how to give appropriate support

#### Reflect

Reflect on how to deal with feelings about themselves, their family and others in a positive way

#### Respond

Make responsible, informed decisions relating to medicines, alcohol, tobacco and other substances and drugs

**Core books:** smoking, drugs and alcohol. Some secrets should never be kept

#### Recognise

Recognise that communities and the people within them are diverse, changing and interconnected

#### Reflect

Discuss how people can live and work together to benefit their communities

#### Respond

Take responsibility for their physical activity and nutrition in achieving a physically and mentally healthy lifestyle

Work collaboratively towards common goals

Core books: What do you celebrate?



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#### Recognise

Identify different forms of discrimination against people in societies

Recognise that peoples basic needs are the same around the world, discussing why some societies are more able to meet these than others

Recognise that communities and the people within them are diverse, changing and interconnected

#### Reflect

Talk, write and explain their views on issues that affect the wider environment

Identify and talk about their own and others' strengths and weaknesses and how to improve

#### Respond

Begin to set personal goals

Take action based on responsible choices

**Core books:** Amazing Grace

#### Recognise

Recognise how people manage money and learn about basic financial capability.

#### Reflect

Make connections between their learning, the world of work and their future economic wellbeing

#### Respond

Look after their money and realize that future wants and needs may be met through saving

Show initiative and take responsibility for activities that develop enterprise capability.

Core books: Money Madness,

#### Recognise

Recognise that when the body changes during puberty it can affect feelings and behaviour

Recognise when physical contact is acceptable and unacceptable

#### Reflect

Understand the physical and emotional changes that take place during puberty, why they are taking place and the importance of personal hygiene

#### Respond

Manage changing emotions and recognize how they can impact on relationships

**Core books:** I said no!, Hair in funny places, What's happening to me.



# De Bohun Primary School & Children's Centre Appendix 2.1: PHSE Curriculum Map

Year Group	Autumn		Spi	Spring		Summer	
EYFS	Making Relationships Preschool	Making Relationships Preschool	Making Relationships  Preschool	Making Relationships Preschool	Making Relationships	Making Relationships	
PSED	Friend	Friend	Friend	Friend	Preschool	Preschool	
Personal, social,	Family	Family	Family	Family	Friend	Friend	
emotional development	Mum	Mum	Mum	Mum	Family	Family	
development	Dad	Dad	Dad	Dad	Mum	Mum	
(bl	Nursery	Nursery	Nursery	Nursery	Dad	Dad	
ocabulary progresses throughout early	Listening	Listening	Listening	Listening	Nursery	Nursery	
years. Preschool ocabulary will still be	Talking	Talking	Talking	Talking	Listening	Listening	
used in nursery and	Kindness	Kindness	Kindness	Kindness	Talking	Talking	
reception	Brother	Brother	Brother	Brother	Kindness	Kindness	
	Sister	Sister	Sister	Sister	Brother	Brother	
	Reception	Reception	Reception	Reception	Sister	Sister	
	Uncle	Uncle	Uncle	Uncle	Reception	Reception	
	Aunty	Aunty	Aunty	Aunty	Uncle	Uncle	
	Cousin	Cousin	Cousin	Cousin	Aunty	Aunty	
	Love	Love	Love	Love	Cousin	Cousin	
	Speaking	Speaking	Speaking	Speaking	Love	Love	
	эрсикть	Speaking	Speaking	Speaking	Speaking	Speaking	

Self Confidence and	Self Confidence and Self	Self Confidence and	Self Confidence and	Self Confidence	Self Confidence
Self Awareness	Awareness	Self Awareness	Self Awareness	and Self	and Self
Preschool	Preschool	Preschool	Preschool	Awareness	Awareness
Нарру	Нарру	Нарру	Нарру	Preschool	Preschool
Brave	Brave	Brave	Brave	Нарру	Нарру
Strong	Strong	Strong	Strong	Brave	Brave
Nursery	Nursery	Nursery	Nursery	Strong	Strong
Proud	Proud	Proud	Proud	Nursery	Nursery
Special	Special	Special	Special	Proud	Proud
Reception	Reception	Reception	Reception	Special	Special
Confident	Confident	Confident	Confident	Reception	Reception
Aware	Aware	Aware	Aware	Confident	Confident
Positive	Positive	Positive	Positive	Aware	Aware
Managing Feelings	Managing Feelings and	Managing Feelings	Managing Feelings	Positive	Positive
and Behaviour	Behaviour	and Behaviour	and Beha <mark>viour</mark>	Managing Feelings	Managing
Preschool	Preschool	Preschool	Preschool	and Behaviour	Feelings and Behaviour
Feeling	Feeling	Feeling	Feeling	Preschool	
Нарру	Нарру	Нарру	Нарру	Feeling	Preschool
Sad	Sad	Sad	Sad	Нарру	Feeling
Good	Good	Good	Good	Sad	Нарру
Bad	Bad	Bad Bad	Bad	Good	Sad
Sleepy	Sleepy	Sleepy	Sleepy	Bad	Good
					Bad

	Nursery	Nursery	Nursery	Nursery	Sleepy	Sleepy
	Angry	Angry	Angry	Angry	Nursery	Nursery
	Upset	Upset	Upset	Upset	Angry	Angry
	Cry	Cry	Cry	Cry	Upset	Upset
	Tired	Tired	Tired	Tired	Cry	Cry
	Scared	Scared	Scared	Scared	Tired	Tired
	Hurt	Hurt	Hurt	Hurt	Scared	Scared
	Behaviour	Behaviour	Behaviour	Behaviour	Hurt	Hurt
	Reception	Reception	Reception	Reception	Behaviour	Behaviour
	Confused	Confused	Confused	Confused	Reception	Reception
	Shy	Shy	Shy	Shy	Confused	Confused
	Excited	Excited	Excited	Excited	Shy	Shy
	Worried	Worried	Worried	Worried	Excited	Excited
	Positive	Positive	Positive	Positive	Worried	Worried
	Negative	Negative	Negative	Negative	Positive	Positive
	_				Negative	Negative
			1000			
	Relationships	Relationships	Relationships	Health and Wellbeing	Relationships	Health and
1	Feelings	Fair and unfair	Bullying	Healthy eating		Wellbeing
	Co-operation	Right and wrong	Behaviour	Dental hygiene	Kindness	Growing up
	Bored	Correct	Unkindness	Keeping clean	Family	Personal safety
						Emotional safety

	Нарру	Incorrect	Kindness	Teeth	Caring	Get dressed
	Sad	Equal	Bully	Tooth brush	Friendly	Clean
1	Angry	Unequal	Rude	Tooth paste	Kind	Воу
	Surprise	One sided	Attitude	Brushing	Caring	Girl
	Sick	Wrongful	Respect	washing	Members	Same
1	Embarrassed	Bad	friendship	Shower	Mother	Different
	Tired	Good	Cur in 1/1	Bath	Father	Physical
	Scared	16		healthy healthy	Brother	characteristics
	Share		79/1	unhealthy	Sister	Gender
	Give	50011	N/KA KA	vitamins	Kind hearted	Hair
1	Receive	V-0. D.V.		minerals	Loving	Face
1	Partner		Y	balanced diet		secrets
2	Living in the wider world	Relationships Friendship	Health and Wellbeing Emotions	Living in the wider world	Health and wellbeing	Living in the wider world
1	Responsibility	Friends	Consequences	Goals	The human body	Money
1	Rules and expectations	Enemies	Aspirations	Belonging	Healthy eating	Choices
1	Expect	Kind	Goals	Local citizenship	Physical activity	
	Respectful	Companion	Bad	Road safety	Similar	Career
	Respect	Acquaintance	Good	Achievement	Different	Jobs
	Rules	Caring	Actions	Community	Gender roles	Pounds
	Change			Local	Stereotypes	Pence

	Ownership	Brave	Proud	Global	Воу	Currency
	Feelings	Good listener	Respected	Road	Girl	Notes
	Reflect	Considerate	Fulfilled	Crossing	Male	Coins
			Powerful	Vehicle	Female	
			Loving	Zebra crossing	Body parts	
			Important	Pelican crossing	Hygiene	
			Brave	Pedestrian	Tiygiche	
		1.8	Remorseful	Traffic lights		
		100	Abandoned	Seat belt		
			Hateful	Safe		
		1 12 DV	Threatened	Reflective		
		<u> </u>	Frustrated	Florescent		
			Furious			
		2 KI	Grumpy			
			Boisterous			
			Scared			
			Excited			
			Surprise			
	Health and wellbeing	Living in the wider world	Health and wellbeing	Health and wellbeing	Health and	Relationships
3	Online safety	Rules	A balanced diet	Physical, emotional and	wellbeing	Connections
	Loss and separation	Leadership	Physical exercise	mental health	Changing bodies	Family links
	Loss and separation	Money	ו וויייסונמו באבו נוסב			i anny miks

L	_OSS	Tolerance	Balanced	Emotions	Emergency calls	Religious views
	Death	Consequence	Diet	Health	Similar	Family
	Separate	Law	Nutrients	Mind	Different	Fostering
	·				Male	Adoption
	Divorce	Legal	Healthy	Body	Female	Relationship
1	Frusted adult	Illegal	Carbohydrates	Emotions		Stereotypes
F	Personal information	Democracy	Fats	Muscles	Body parts	Gender roles
V	Website	Liberty	Vitamins	Body	Comfortable Uncomfortable	Worship
I	nternet	British vales	Minerals	(A)	Body parts	Genetics
(	Gaming	Obey	Fibre		Like	Religion
S	Socialising	Listen	Water		Dislike	Culture
E	Email	Understand	Protein		Touch	Traditions
F	Passwords	Pounds	Sugars		Hug	
		Currency	Gym		Kiss	
		Economy	WILL & S		Police	
		Pe <mark>nce</mark>			Ambulance	
		Notes			Fire engine	
		Coins	Contract of the Contract of th		999	
				0		
	Relationships	Relationships	Relationships	Living in the wider	Health and	Relationships
Δ	-	giun	Primary	world	wellbeing	Neiationsinps
-	Reactions	Loss and separation	Listening and responding	Goals	Strengths	
S	Self-worth	Family changes	Opinions	Goals	Sueliguis	Working together

	ersistence and silience	Friendship	Fact	Different communities	Goals	Gender stereotypes
		Loss	Opinions	Aspirations	Aspirations	Team
Se	elf esteem	Death	Different	Set	Setting goals	Teamwork
Di	gnity	Separate	Similar	Ambitions	Ambitions	Community
Se	elf-respect	Divorce	Answer	Communities	Cooperation	LGBT
Pr	ide	Trusted adult	Listening	School	Self-control	Lesbian
Pr	oud	Parents	Respond	Local	Enthusiasm	Gay
Pe	erseverance	Step family	Advice	Global	Entrasiasin	Bisexual
Co	ontinuation	Half sister	Respectful	Religious		Transgender
De	etermination	Half brother	Respectiui	Ethnic		Gender
Pu	ırpose	Friends		Cultural		Stereotype
Fle	exible					Female
		Helping		LGBT		Male
		Kind	MIL !	Lesbian		Discrimination
		Respectful		Gay		Empowerment
		Good friend	To the	Bisexual		Perspective
		Listens		Transgender		Social
		Advises		Social		
5	Living in the wider world	Health and wellbeing  Death and grief	Health and Wellbeing Food choices	Relationships Confidentiality	Health and Wellbeing	Relationships Goals
	ructure	Managing conflict	Drugs and alcohol	Listening	Food choices	Community spirit
La	w and order	managing connec	Diago and alconor	Listening	Cooking	Community spirit

	Rights		Substance abuse	Responding		
	Tolerance	Die	Unhealthy		Healthy	Ambitions
	Consequence	Grief	Healthy	Secret	Unhealthy	Aspirations
	Law	Sadness	Obese	Hidden	Fast food	Community
	Legal	Death	Drugs	Private	Fruit	Local
	Illegal	Pass away	Tablets	Quite	Vegetables	Global
	Democracy	Argument	Alcohol	Respectful	Meat	Residential
	Liberty	Resolution	Drink	Answer	Fish	School
	British vales	Argue	Abuse	Advice	Plant based	Team
	Obey	Conflict	Unit		Vegan	Teamwork
	Listen	( CO. D. V.			Vegetarian	Helping
	Understand		$\mathcal{A}$		Pescatarian	Social
	Rights					
	Health and wellbeing	Relationships	Health and Wellbeing	Relationships	Living in the wider	Living in the
6	Strengths	Ra <mark>ce and et</mark> hnicity	Physical, emotional and		world	wider world
	Setting goals	Gender stereotypes	mental health	connections	Money and budgeting	Making money
		Culture	Healthy lifestyle	Links		Wage
	Aspirations	Race	Emotions		Budget	Job
	•	CD.	Health	Ties	Spending	Career
	Setting goals	Ethnicity	Mind	Family	Expenditure	Enterprise
	Ambitions	Nationality	Body	Friendship	Tax	Profit
	Cooperation	Religion	Emotions	Blood	Insurance	
			EIIIOUOIIS			Loss

Self-control	Country	Muscles	Step family
Enthusiasm	Gender	Body	Fostering
Future	Stereotype	Active	Adoption
	Female	Gym	Marriage
	Male	100 3	Parents
	Discrimination		Children
	LGBT	The little   /	Genetics
	Lesbian		
	Gay	79/11	
	Bisexual	NIX NIV	
	Transgender		
	Empowerment	Y	
	Culture		
	Perspective	MILY ?	
	rerspective	MA (	

# **Appendix 3: Science Curriculum Map**

Year Group	Autumn	Spring	Summer		
EYFS	Science is taught cross curricular as part through Understanding the World in the EYFS. It involves guiding children to make sense of their physical world and their community through opportunities to explore, observe and find out about people, places, technology, and the environment. The children learn about our bodies and how we grow and change over the years. We encourage the children to look at our environment and how the seasons effect and change plants and animals. The children explore the outside environment in all weather conditions and seasons. Children are exposed to a range of different materials in everyday resources and are encouraged to talk about material properties, whether they can change due to temperature changes, i.e. ice to liquid, or liquid to solid, whether the material is magnetic. Children are also taught to use scientific vocabulary and to consider themselves as scientists when they explore and investigate.				
Pre-School	1551	Our wonderful bodies  Healthy food and exercise  Babies into toddlers	Growing Plants, animals and humans		
Nursery	Our five senses	Look at me- our bodies  Movement, Types of food	Our wonderful world  Animals, plants and mini-beasts		
Reception	Good hygiene	Our bodies  Keeping healthy  Living things  Types of animals & Life-cycles  Materials  Names and properties	Living things  Plants and mini-beasts		

1	Animals and Humans	Plants	Use of every day materials
2	Animals and Humans Living things and their habitats	Plants  Life cycles and pollination	Use of every day Materials
3	Animals and Humans	Forces and Magnets Plants	Light Rocks
4	Animals and Humans Living things and their habitats	States of matter	Sound Electricity
5	The Circulatory system	Living things and habitats	Properties and changes of material  Forces
6	Earth and Space	Evolution and Inheritance Living things and habitats	Light Electricity