

# RSE - Sequence of lessons

- Lesson 1 - changes to your body during puberty (separated groups)
- Lesson 2 - Sex (separated groups)
- Lesson 3 - Healthy relationships (loving, safe and trusting relationship - whole class)
- Lesson 4 - Unhealthy relationships (abuse: physical, emotional and mental - whole class)
- Lesson 5 - Gender issues and relationships (meaning of 'trans' and it being an abbreviation for 'transgender')